

Hand Hygiene and Patient Safety

You can play a vital role in making your care safe by reminding caregivers, family and visitors to clean their hands before and after they have contact with you.

- Hands are a major route of transmission of germs throughout the hospital and from one patient to another.
- Good hand hygiene practices promote patient safety and are an important way to prevent the spread of infections.

Remember that hand hygiene is important to your care because sick people get infections easier, and infections can result in longer hospital stays.

Hand hygiene education will continue throughout your care; you should expect to receive additional interactive education in the inpatient setting.